



# 6th International Geriatric Diabetes Workshop Agenda

DIABETES CARE BEYOND THE HOME

OCTOBER 23-24, 2025 | BOSTON, MA, USA

## THURSDAY, OCTOBER 23

Diabetes Management in Living Environments Beyond Patients' Homes  
(Rehabilitation Facilities, Assisted Living Facilities, Long Term Care Facilities)

8:00 - 8:10 am	<b>WELCOME AND PROGRAM OVERVIEW</b>
8:10 - 9:30 am	<b>SESSION 1:</b> Current guidelines on management of diabetes beyond patients' homes: What are the knowledge and care gaps?
9:30 - 10:50 am	<b>SESSION 2:</b> Important comorbidities and conditions that impact medication choices in living environments beyond patients' homes
10:50 - 11:00 am	<b>COFFEE BREAK</b>
11:00 am - 12:00 pm	<b>SESSION 3:</b> Optimizing diabetes technology use beyond patients' homes: Clinical, administrative, and regulatory gaps.
12:00 - 1:00 pm	<b>LUNCH BREAK</b>
1:00 - 2:20 pm	<b>SESSION 4:</b> Education and training strategies around diabetes technology use for clinicians and staff working in facilities beyond patients' homes
2:20 - 2:30 pm	<b>COFFEE BREAK</b>
2:30 - 3:50 pm	<b>SESSION 5:</b> Patient and caregiver perspective: What is needed to improve caregiver stress and quality of life with the use of diabetes technology?
3:50 - 5:10 pm	<b>SESSION 6:</b> Exciting developments and future pipelines: Important short-term and long-term research questions and discussion about barriers in doing research in facilities
6:00 - 9:00 pm	<b>DINNER RECEPTION AND HANDS-ON SESSION</b> Review the newest diabetes technology and have the opportunity to wear some of the devices, interact with industry partners, and learn how to prescribe and use them.

# 6TH INTERNATIONAL GERIATRIC DIABETES WORKSHOP AGENDA

## FRIDAY, OCTOBER 24

### Education Day: Diabetes Management in the Older Population

#### MORNING SESSION: Understanding the unique characteristics of the older population

8:00 - 8:30 am	<b>SESSION 1:</b> Unique characteristics and clinical presentations of older adults with diabetes: The importance of identifying frailty and geriatric syndrome
8:30 - 9:30 am	<b>SESSION 2:</b> Hands on training on approach to physical exam in an older adult with diabetes
9:30 - 9:40 am	<b>COFFEE BREAK</b>
9:40 - 10:30 am	<b>SESSION 3:</b> Medication management in older adults with diabetes: Case-based discussion for prescribing medications based on comorbidities in older adults with diabetes
10:30 - 11:15 am	<b>SESSION 4:</b> Realignment of treatment strategies for de-intensification in older adults with diabetes
11:15 am- 12:30 pm	<b>SESSION 5:</b> Ask Me! Appreciating the experience of older adults living with diabetes
12:30 - 1:30 pm	<b>LUNCH</b>

#### AFTERNOON SESSION: Use of diabetes technology in the older population

1:30 - 2:00 pm	<b>SESSION 6:</b> Use of continuous glucose monitoring (CGM) in the aging population
2:00 - 2:30 pm	<b>SESSION 7:</b> Use of insulin pump and automated insulin delivery systems (AID) in the aging population
2:30 - 2:45 pm	<b>COFFEE BREAK</b>
2:45 - 3:45 pm	<b>SESSION 8:</b> Download and analyze data from the wearable devices from Day 1. Learners will also discuss how to troubleshoot common diabetes technology problems
3:45 pm - 5:00 pm	<b>SESSION 9:</b> Hands on training on using technology with physical barriers encountered by older adults with diabetes

**THE INTERNATIONAL GERIATRIC DIABETES SOCIETY  
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