International Myeloma Society

10th NURSING & ALLIED HEALTH SYMPOSIUM

Wednesday, September 23 • Glasgow, Scotland

in conjunction with the
IMS 23rd Annual Meeting & Exposition

Wednesday, September 23, 2026

9:00 – 9:10	**WELCOME**	
	Chair: Monica Morris	
9:10 – 10:30	**SESSION 1: NEWLY DIAGNOSED MM**	
	Getting It Right from the Start: Personalizing Initial Therapy	
	Chairs: Danielle Roberts and Lisa Hwa Christenson	
9:10 – 9:35	Defining and Managing High-Risk Disease	Rosie Pruitt
9:35 – 9:55	Dynamic Frailty and Strategies to Optimize Outcomes	Joanne Sowter
9:55 – 10:00	Introduction to Abstracts	*Chair: Jackie Quinn*
10:00 – 10:10	Typologies of Diagnostic Journeys in Multiple Myeloma	Matthew LeBlanc
10:10 – 10:20	Physiotherapist-led exercise prehabilitation prior to autologous stem cell transplantation for myeloma: evaluation of real-world outcomes from routine delivery	Orla McCourt
10:20 – 10:30	Physiological and Quality-of-Life Trajectories During Autologous Transplantation: Findings from the MY-TRAC Study	Tommy Brown
10:30 – 10:50	**COFFEE BREAK**	
10:50 – 12:55	**SESSION 2: RELAPSED/REFRACTORY MM**	
	Addressing the QoL Impact: Individualized care through T-cell engager therapies	
10:50 – 10:55	Introduction	*Chair: Monica Morris*
10:55 – 11:15	Evolving Perspectives on Quality of Life in Multiple Myeloma: Measurement in the Modern Treatment Era	Matthew LeBlanc
11:15 – 11:20	Introduction to Abstracts	*Chair: Lisa Ferguson*
11:20 – 11:30	UK Expert Delphi Consensus on Managing Talquetamab-Associated Oral Side Effects and Weight Loss in Patients With Multiple Myeloma	Rakesh Popat

11:30 – 11:40	Early outcomes from a Nurse- and Pharmacist-Led Myeloma Survivorship Clinic: Living Better with Myeloma	Nella Combe
11:40 – 11:50	Estimating Post-Discharge Healthcare Resource Utilization for Cilta-cel Recipients	Meliza Phoummavong
11:50 – 11:55	Managing Complexity of T-cell engager therapies: Different Roles, Shared Challenges	*Chair: Tracy King*
11:55 – 12:10	Clinical Practice Updates	Danielle Roberts
12:10 – 12:25	Supportive Care & Medication Management	Francesca McArthur
12:25 – 12:40	Move Knowledge, Not People: Implementation Science Lessons from Scaling T-Cell Engaging Therapy Delivery to Community and Rural Practice	Mary Steinbach
12:40 – 12:55	Audience Q&A	
12:55 – 1:00	**CLOSING REMARKS** *Chair: Mary Steinbach*	

Thursday, September 24, 2026

POSTER SESSION

Chair: Lisa Hwa Christenson